



Oregon Regional Service Providers - Community of Practice (CoP)

Thursday April 3, 2025
Virtual

FACILITATORS:

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Welcome!

What is the first thing you bought with your own money?

Unmute or add to the chat!



Agenda

Administrative Updates (25 min) – Katrina

Community of Practice (CoP)

- Review of draft Onboarding Manual - Tobiah Brown (20 min)
- Defining differences between Child-Focused, Classroom-Focused, and Program-Focused IECMH Consultation - Nichole (5 min)
- Implementation Planning: What is best practice for the next stage?- Sondra (10 min)
- Review plans for Apr 30-May 2 in Bend - Sondra & Nichole (5 min)
- Breakout Group Options (15 min)
- Recruitment & Hiring with Nichole
- Implementation Planning with Sondra
- Q&A re: RS/C with Tobiah
- Share Out from from Groups + Questions/Final Thoughts - Sondra (5 min)

Open Office (Optional) - Nichole & Sondra (10:30-11a PT)

Introduction: Caroline Falcone



ORIMHA
Oregon Infant Mental
Health Association



Oregon Department of
Early Learning and Care

Administrative Updates – Katrina Miller

Onboarding Manual

Tobiah Brown



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Types of Consultation

Child-Focused: Generally, this type is needed when a specific child's behavior is of concern to the provider. The IECMH Consultant's role in this situation is to support the provider and collaborate with them to develop an individualized plan for the child. The plan is intended to help the provider address the behavior and support the child's infant / early childhood mental health. Despite the name, this is still an intervention provided to the provider, not to the child.

Classroom-Focused: In this situation, the IECMH Consultant works with a provider to increase the level of social-emotional support for all the children in the class / setting. This is also a service directly with the provider in which the IECMH Consultant observes, models, and offers resources. The approach is collaborative, reflective, supportive, and provider-centered.

Program-Focused: Sometimes, it is the center directors and administrators who receive support from the IECMH Consultant. In this scenario, the focus may be on policies and procedures to benefit all children and adults in the program / setting.

Child-specific IECMH Consultation: Additional clarification

(Sometimes referred to as “Child-and-family consultation”):

Although this term may seem to suggest that services are being provided to an individual child or family, the focus of consultation remains on providing support to the **educator**. More specifically, the focus is on building the capacity of the educator to respond to the needs of a specific child in their program.

For example, there may be an individual child in the program who is showing big behaviors that make it difficult to keep that child or other children safe in the program. In this case, the IECMH Consultant would provide “child-specific consultation” – they would work with the educator to identify specific strategies that will help that specific child to be successful in the program. In order to do so, the IECMH Consultant will need the written permission of the parent/family – and so the IECMH Consultant will (at minimum) speak with the parent/family by phone and/or meet with them in-person.

Additionally, the IECMH Consultant may conduct an observation of the child in the program. The IECMH Consultant may even interact with the child when visiting the program. However, any observations or interactions with the child, and any phone calls or meetings with the parent/family, are for **the purpose of supporting the educator to support the child**. These child-and-family interactions are not for the purpose of providing behavioral therapy or other direct services to the child or family. If direct services are needed, the IECMH Consultant may help connect the family to additional outside resources.

Implementation Plans - Supports & Reminders

- Reach out anytime with questions or for support
- Most areas have plans & budgets in - making great progress toward implementation grants & services!
- Please save the date for the April 30-May 2, 2025 - In person planning & training time.



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- Apr 30-May 2: In-Person Gathering near Bend
 - Jun 5 from 9-11 am: Virtual CoP for RSP Leaders

Save the Dates

Breakout Rooms

Recruitment & Hiring with Nichole

OR

Implementation Plans and Related Questions with Sondra

OR

Reflective Consultation Q&A with Tobiah

OR

Stay in the main room to connect with each other

Have a Great Week!

