

OREGON INFANT MENTAL HEALTH ASSOCIATION

FOUNDATIONS OF MOVING FORWARD





WE'RE GLAD
YOU ARE HERE!

TODAY'S AGENDA

A time to review and celebrate!



CELEBRATION

Today is about celebration of what ORIMHA has accomplished and setting the stage for the next 10 years of our work together.



OVERVIEW

Erin and Susan will outline ORIMHA's role as the Central Entity for Oregon's Early Childhood Suspension and Expulsion Prevention Program.



HIGHLIGHTS

Lisa will share reflections on ORIMHA's accomplishments and highlights of its work since joining the board.



GRATITUDE

Robin will review ORIMHA's history since its inception and share gratitude for all those who made it possible.

REFLECTIONS FROM
LISA HARNISCH

ORIMHA Board President





HIGHLIGHTS

ENDORSEMENT

Began with Infant Endorsement in 2016

Expanded membership with support from DELC in 2024

Expanded to include Early Childhood mental health in 2024

FELLOWSHIP PROJECT

Increase Reflective Supervision capacity through endorsement

Focus on emotional resilience, professional growth, and supporting families + professionals.

Structured in three phases to ensure mastery.

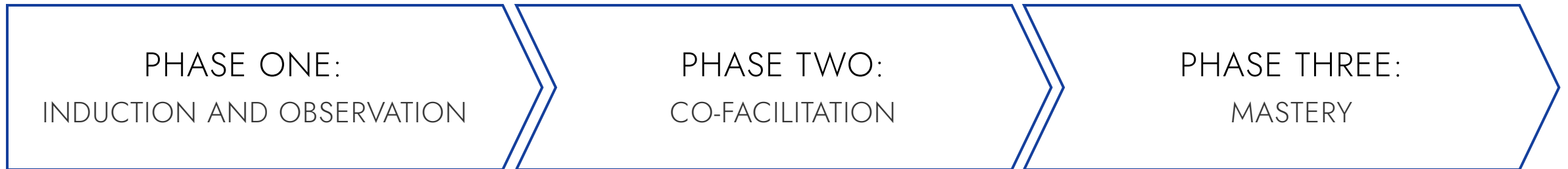
ECSEPP CENTRAL ENTITY

Awarded Central Entity contract in 2023

Providing state and regional level leadership

Key thought partner with DELC and OHA

REFLECTIVE SUPERVISION: PHASES OF DEVELOPMENT



PHASE ONE:
INDUCTION AND OBSERVATION

PHASE TWO:
CO-FACILITATION

PHASE THREE:
MASTERY

Fellows observe mentors, complete ProQOL pre-survey to assess emotional resilience, and complete portfolio to determine skills gaps.

Fellows gain hands-on experience co-facilitating supervision groups, receiving real-time feedback, and achieve endorsement.

Fellows independently lead supervision session and complete ProQOL post-survey to measure growth and impact.



CONFIDENCE GAINED

All fellows finished the program with high levels of confidence in all key Reflective Supervision/Consultation skills.



RECOMMENDATIONS FOR FUTURE COHORTS

Top recommendations included increased opportunities to facilitate groups, one-on-one time with mentors, and a focus on practicing and honing skills.



CONTINUOUS IMPROVEMENT

All of these recommendations were prioritized in the last few months of training and will be incorporated into ORIMHA's next cohort of fellows.

OUTCOMES & LONG-TERM IMPACTS



Improved Supervision Practices

Increased Emotional Resilience

Stronger Support Systems

TRANSLATION TO REGIONAL SERVICE PROVIDERS

DELC has funded RSPs in 14 regions that cover every county in Oregon through the ECSEPP.

ORIMHA is now utilizing this supportive model to train and mentor Infant/Early Childhood Mental Health Consultants.

We are adding in competencies from the National Center for Mental Health Consultation.

Oregon's Early Childhood Suspension and Expulsion Prevention Program (ECSEPP) is designed to support providers, children, and families, building a system where every child has the opportunity to succeed in a nurturing environment.



WHAT IS THE ECSEPP?

Launched by HB2166 and SB236, the ECSEPP seeks to increase the supports that are available to educators and early learning programs with a specific focus on providing support when an educator or program is dealing with challenging situations with children.



MOBILIZES EXISTING TECHNICAL ASSISTANCE SYSTEMS



CREATES A SIMPLE WAY FOR PROVIDERS TO ASK FOR SUPPORT



ENHANCES REGIONAL COORDINATION



ADDS IECMH CONSULTATION STATEWIDE

PILLARS IN SUPPORTING THE ECSEPP

Foundation: Infrastructure and Organizational Development

Establishing the necessary infrastructure and organizational foundations to support the ORIMHA's success as the Central Entity for the ECSEPP.

Pillar 1: Contract Administration and Program Integration

Ensuring effective contract management in compliance with DELC standards and integration of the ECSEPP with diverse set of local, regional and statewide programs and strategic initiatives.

Pillar 2: Advisory Committee + Work Groups

Engaging key partners from across Oregon through an advisory committee and targeted work groups to guide the ECSEPP's development.

Pillar 3: Regional Support Network Implementation

Deploying robust support to regional partners in service of network development and coordination of localized assistance and resources.

Pillar 4: Regional Service Provider Implementation

Providing strengths- and evidence-based support to Regional Service Providers charged with launching or expanding IECMHC across Oregon.

PILLAR 3: WHAT IS A REGIONAL SUPPORT NETWORK (RSN)?



Collaborative Network of Partners

These networks are regionally determined and may include:

- Regional Service Providers
- Early Learning Hub
- EI/ECSE
- Child Care Resource & Referral
- ECE Providers
- Families



Regionally Coordinated Support

With a focus on supporting providers to ensure inclusion of every child:

- Training
- Technical Assistance
- Coaching
- Consultation
- Other Needed Supports



Building on Regional Wisdom

RSNs will build on the work already in motion with communities such as:

- Pyramid Model Implementation
- IECMH Consultation
- CCR&R Coaching
- Early Learning Hub Coordination

MEET THE RSN IMPLEMENTATION SUPPORT TEAM



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BUILDING BLOCKS FOR SUCCESS

As we launch RSN Implementation, we believe there will be core building blocks that support success.

COMMUNITY PARTNERSHIPS

Identify and Engage Key Partners

Establish RSN Agreements

COLLABORATIVE ACTION

Co-Create a Regional Vision

Develop an Action Plan

KEY ROLES & SUSTAINABILITY

Inventory Community Resources

Define Roles for RSN Contributors

PROVIDER ACCESS TO SUPPORT

Develop Warmline Protocols

Ensure Equity in Access

MEANINGFUL MEASUREMENTS

Create a Data Collection Plan

Implement Continuous Feedback Loops



PHASES OF IMPLEMENTATION

These phases are drawn from [NIRN](#) and mirror those for implementation of IECMH Consultation.



Involves an assessment of assets and needs of the region, fit of the program with those needs and assets, and envisioning of regional aspirations for results.

Involves building the infrastructure necessary to implement the program, which includes building individual contributor and organizational capacity, as well as establishing network agreements.

Includes the initial efforts of networks to implement the program, with attention to using data for continuous improvement.

Occurs as networks use the program successfully, and population-level outcomes are achieved.

EXPLORATION PHASE

Regionally driven assessment of assets and needs of the region, fit of the program with those needs and assets, and envisioning of regional aspirations for results.

Identify Key Partners and Community Voices

Whose voices do we need at the table to help us with exploration, planning, and implementation?

How will we ensure representation and inclusion?

Recognize Strengths and Opportunities

What is already in place and how do we build from that foundation?

What innovations or improvements might we explore?

Articulate Aspirations and Measures of Progress

What will we achieve together through our RSN?

What will we measure to guide our work and ongoing improvements?

Develop an RSN Partner Agreement

How do we stay in good communication with each other?

How do we share power, so this vision belongs to everyone?

SUPPORT AVAILABLE FROM ORIMHA



Technical Assistance Webinars

Online sessions providing guidance and best practices for effective RSN implementation and collaboration.



Tools and Templates

Practical resources streamlining RSN planning, implementation, and continuous improvement processes.



In-Person Work Sessions

Face-to-face meetings facilitating planning, problem-solving, and community engagement in RSN development.



Monthly RSN Newsletter

Regular updates sharing insights, success stories, and resources to support RSN implementation.



Coaching and Consultation

Personalized support addressing specific challenges to enhance RSN effectiveness and sustainability.



Online Resources via www.orimha.org

Centralized online hub offering access to RSN tools, guidelines, and support materials.

WHAT HOPES, REFLECTIONS,
OR **QUESTIONS** DO YOU HAVE?

A scenic view of a rocky coastline. In the foreground, dark, jagged rock formations frame a natural rock archway. The archway leads to a narrow passage of the ocean, where waves are breaking. The water is a deep blue-green color. In the background, more rocky cliffs and dense evergreen forests are visible under a clear blue sky. The overall scene is a beautiful coastal landscape.

THANK YOU!